# **Complete Summary**

### TITLE

Diabetes mellitus: percent of patients with diabetes mellitus with blood pressure greater than or equal to 160/100 or no blood pressure recorded in past year.

## SOURCE(S)

Office of Quality and Performance (10Q). FY2002 VHA performance measurement system. Technical Manual. Washington (DC): Veterans Health Administration (VHA); 2002 Mar 8. 137 p.

#### Brief Abstract

### **DESCRIPTION**

This measure assesses the percentage of patients with diabetes mellitus with blood pressure greater than or equal to 160/100 or in whom no blood pressure was recorded in the past 12 months.

This measure is a component of a composite measure; it can also be used on its own.

## **RATIONALE**

Diabetes mellitus is one of the most prevalent and costly chronic diseases in our population. Most of the morbidity and mortality of diabetes is due to the complications associated with the disease. Studies show that many, if not all, of the complications of diabetes can be slowed or even prevented by better management on the part of the health care team and the patient.

### PRIMARY CLINICAL COMPONENT

Diabetes mellitus; hypertension; blood pressure recording

### DENOMINATOR DESCRIPTION

The number of diabetic patients who are seen at least once by a physician (MD or DO), physician assistant (PA), or nurse practitioner (NP) at a specified clinic during a 12-month period

## NUMERATOR DESCRIPTION

The number of patients from the denominator whose medical record contains documentation demonstrating a blood pressure of greater than or equal to 160/100 or in whom no blood pressure was recorded within the past 12 months

## **Evidence Supporting the Measure**

PRIMARY MEASURE DOMAIN

Outcome

SECONDARY MEASURE DOMAIN

**Process** 

EVIDENCE SUPPORTING THE MEASURE

A clinical practice guideline or other peer-reviewed synthesis of the clinical evidence

### Evidence Supporting Need for the Measure

NEED FOR THE MEASURE

Wide variation in quality for the performance measured

EVIDENCE SUPPORTING NEED FOR THE MEASURE

Office of Quality and Performance (10Q). FY2002 VHA performance measurement system. Technical Manual. Washington (DC): Veterans Health Administration (VHA); 2002 Mar 8. 137 p.

#### State of Use of the Measure

STATE OF USE

Current routine use

**CURRENT USE** 

External oversight/Veterans Health Administration Internal quality improvement

#### Application of Measure in its Current Use

CARE SETTING

**Ambulatory Care** 

## PROFESSIONALS RESPONSIBLE FOR HEALTH CARE

Advanced Practice Nurses Physician Assistants Physicians

## LOWEST LEVEL OF HEALTH CARE DELIVERY ADDRESSED

Single Health Care Delivery Organizations

### TARGET POPULATION AGE

Unspecified

## TARGET POPULATION GENDER

Either male or female

### STRATIFICATION BY VULNERABLE POPULATIONS

Unspecified

## Characteristics of the Primary Clinical Component

## INCIDENCE/PREVALENCE

Diabetes mellitus is a serious disease that affects over 16 million Americans, and over 150,000 people die each year because of it.

## EVIDENCE FOR INCIDENCE/PREVALENCE

American Diabetes Association. The diabetes quality improvement project (DQIP) background. [internet]. Alexandria (VA): American Diabetes Association; [cited 2002 Sep 12]. [4 p].

## ASSOCIATION WITH VULNERABLE POPULATIONS

Individuals of African, Asian, and American Indian descent are particularly vulnerable.

## EVIDENCE FOR ASSOCIATION WITH VULNERABLE POPULATIONS

American Diabetes Association. The diabetes quality improvement project (DQIP) background. [internet]. Alexandria (VA): American Diabetes Association; [cited 2002 Sep 12]. [4 p].

## **BURDEN OF ILLNESS**

Over 150,000 people die each year because of Diabetes Mellitus. Most of the morbidity and mortality of diabetes is due to the complications associated with the disease: blindness, kidney failure, nerve damage, and cardiovascular disease. Diabetic retinopathy is the leading cause of new blindness in people under 65; diabetic nephropathy is the leading cause of end stage renal disease (kidney failure) in the United states; neuropathy results in the second leading cause of lower extremity amputation with over 50,000 Americans annually losing a limb because of diabetes; diabetic macrovascular disease leads to accelerated coronary heart disease and peripheral vascular disease, both of which result in premature death.

## EVIDENCE FOR BURDEN OF ILLNESS

American Diabetes Association. The diabetes quality improvement project (DQIP) background. [internet]. Alexandria (VA): American Diabetes Association; [cited 2002 Sep 12]. [4 p].

## **UTILIZATION**

Unspecified

#### **COSTS**

The annual cost of diabetes has been reported to be nearly 100 billion dollars and thus it ranks as one of the deadliest and most costly diseases known to mankind.

## **EVIDENCE FOR COSTS**

American Diabetes Association. The diabetes quality improvement project (DQIP) background. [internet]. Alexandria (VA): American Diabetes Association; [cited 2002 Sep 12]. [4 p].

#### Institute of Medicine National Healthcare Quality Report Categories

**IOM CARE NEED** 

Living with Illness

IOM DOMAIN

Effectiveness

#### Data Collection for the Measure

CASE FINDING

Users of care only

DESCRIPTION OF CASE FINDING

All eligible patients not already reviewed during the 12-month period who visited 1 of a specified list of outpatient clinics

## DENOMINATOR (INDEX) EVENT

Clinical Condition Encounter

## DENOMINATOR INCLUSIONS/EXCLUSIONS

### Inclusions

All diabetic patients with either a primary or secondary diagnosis of International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) code 250 seen within the past 12 months in the following 8 clinics:

- Primary Care
- General Medicine
- Cardiology
- Endocrinology/Metabolism
- Diabetes
- Hypertension
- Pulmonary/Chest
- Women's Clinic

All diabetic patients seen in one of the above clinics and seen by a:

- Physician (MD or DO),
- Physician Assistant (PA), or
- Nurse Practitioner (NP)

If no blood pressure was recorded during the past year, the result is assumed to be out of control. Patient is included in the denominator.

### Exclusions

All patients whose current year qualifying visit was at a tertiary facility for a specialty consult only (no other primary care or general medicine visit at the tertiary center)

## NUMERATOR INCLUSIONS/EXCLUSIONS

### Inclusions

If blood pressure is taken more than once during the most recent visit to one of the 8 clinics (see "Denominator Inclusions/Exclusions" field), the lowest one is used. Lowest is determined by mean arterial pressure: (systolic + systolic + diastolic) divided by 3.

If no blood pressure was recorded during the past year, the result is assumed to be out of control. Patient is included in the numerator.

Exclusions Unspecified

DENOMINATOR TIME WINDOW

Time window precedes index event

NUMERATOR TIME WINDOW

Encounter or point in time

**DATA SOURCE** 

Administrative and medical records data

LEVEL OF DETERMINATION OF QUALITY

Individual Case

**OUTCOME TYPE** 

Clinical Outcome

PRE-EXISTING INSTRUMENT USED

Unspecified

#### Computation of the Measure

## **SCORING**

Rate

INTERPRETATION OF SCORE

Better quality is associated with a lower score

ALLOWANCE FOR PATIENT FACTORS

Unspecified

STANDARD OF COMPARISON

Internal time comparison Prescriptive standard

PRESCRIPTIVE STANDARD

Fiscal year (FY) 2002 diabetes mellitus hypertension greater than or equal to 160/100 indicator component target:

• Fully successful: 12%

• Exceptional: 10%

## EVIDENCE FOR PRESCRIPTIVE STANDARD

Office of Quality and Performance (10Q). FY2002 VHA performance measurement system. Technical Manual. Washington (DC): Veterans Health Administration (VHA); 2002 Mar 8. 137 p.

## **Evaluation of Measure Properties**

## EXTENT OF MEASURE TESTING

Unspecified

## Identifying Information

## ORIGINAL TITLE

CPG-DM: hypertension (blood pressure greater than or equal to 160/100 or not BP in past year).

## MEASURE COLLECTION

<u>Fiscal Year (FY) 2002: Veterans Health Administration (VHA) Performance Measurement System</u>

### MEASURE SET NAME

Clinical Practice Guidelines (FY 2002)

## COMPOSITE MEASURE NAME

**Diabetes Mellitus** 

## **DEVELOPER**

Veterans Health Administration

## **ADAPTATION**

Measure was not adapted from another source.

## RELEASE DATE

2001 Nov

## **REVISION DATE**

2002 Mar

### **MEASURE STATUS**

Please note: This measure has been updated. The National Quality Measures Clearinghouse is working to update this summary.

## SOURCE(S)

Office of Quality and Performance (10Q). FY2002 VHA performance measurement system. Technical Manual. Washington (DC): Veterans Health Administration (VHA); 2002 Mar 8. 137 p.

## MEASURE AVAILABILITY

The individual measure, "CPG-DM: Hypertension (Blood Pressure Greater Than or Equal to 160/100 or Not BP in Past Year)," is published in "FY 2002 VHA Performance Measurement System: Technical Manual." This document is available from the Veterans Health Administration Web site.

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### NQMC STATUS

This NQMC summary was completed by ECRI on September 27, 2002. The information was verified by the Veterans Health Administration on October 29, 2002.

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